

TAKE A MINUTE FOR YOUR SAFETY

BLOODBORNE PATHOGENS

Bloodborne pathogens include, but are not limited to, hepatitis B (HBV), hepatitis C (HCV), and human immunodeficiency virus (HIV). Bodily fluids, other than blood, that could possibly be infectious are referred to as other potentially infectious materials (OPIM). The purpose of this safety minute is to discuss ways in which we can reduce or eliminate the risk of exposure in the workplace.

Universal Precautions

To prevent disease transmission, all human body fluids should be treated as if they are infectious for HIV, HBV, HCV or other bloodborne pathogens:

- Wash your hands for 20 seconds with soap and water before and after providing first aid and after cleaning up bodily fluids.
- If soap and water are not available, use a hand sanitizer with at least 60% alcohol.
- Use protective gloves if you may come into contact with blood or any other bodily fluid.
- Inspect the gloves for damage prior to putting them on and remove them correctly to prevent exposure if they are contaminated.
- Use protective eye wear or a face shield if there is a possibility that bodily fluids could be splashed on your face.
- Don a protective gown if available.
- Clean up bodily fluids with an EPA approved cleaning solution or a mixture of 10% bleach and water. Leave bleach water solution on surface for at least 20 minutes.
- Dispose of contaminated clothing and cleaning material in a red biohazard plastic bag if available. If not, place the contaminated items in a sealed plastic bag and dispose of safely.
- Employees who may be exposed to bodily fluids during their workday should be trained in proper clean-up of bodily fluids.
- Bodily fluid clean-up kits are recommended.
- If you are exposed to bodily fluids, report it to your supervisor and seek medical attention as soon as possible.



TAKE A MINUTE FOR YOUR SAFETY SIGN-IN SHEET

COUNTY/AGENCY: _____

DATE OF TRAINING: _____ PRESENTER: _____

TOPIC(S): _____

Print Name

Signature

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