



TAKE A MINUTE FOR YOUR SAFETY

SNOW REMOVAL

Sidewalk and Stair Snow Removal

- Ensure walks and stairs are clear before employees arrive.
- Remember to clean out curb cuts again after the streets are plowed.
- Document when snow removal started and when it was completed. Document how much ice melt was used and where.
- If snowfall continues, reinspect and remove snow to keep up with the storm.
- Clear all entrances and exits of snow and ice. Even if not used, all exits should be clear of snow in the event of an evacuation.
- Slip and fall incidents commonly result in workers' compensation and liability claims. Thorough snow and ice removal, along with detailed documentation, is very important.

Parking Lot Snow Removal

- Parking lots can be troublesome if you must work around vehicles. But remember that employees and customers must be able to get safely from their vehicles to the sidewalks.
- Document parking lot snow removal as well as ice melt usage, to include location and amount.

Shoveling Tips

- Use good posture, stand up straight and ensure your head, neck and spine are in alignment.
- Walk toward the snow until the shovel is full. When moving snow, turn your entire body by pivoting on your feet, do not twist at the waist and throw the snow.
- Do not throw snow over your shoulder or to the side, carry it in front of you.
- Snow pushers are excellent for light snow or small snow accumulation.
- Start shoveling early if the forecast is for heavy snow. It is easier to lighter snow twice than heavier snow once.
- If at any time you experience chest pain or discomfort, stop what you are doing and immediately seek medical attention.



TAKE A MINUTE FOR YOUR SAFETY SIGN-IN SHEET

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